



MASH
Medway Asthma Self-Help
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AGM Notice

We warmly invite you to the Annual General Meeting (AGM) of Medway Asthma Self Help at 7.00pm on Thursday 5th February 2026. This year's meeting will take place at our MASH Centre, 131 Watling Street, Gillingham, ME7 2YY.

Annual General Meeting (please see AGM agenda enclosed)

In this meeting, after accepting last year's minutes, you will be able to hear reports from the board of trustees, the treasurer and MASH's asthma nurse. There will also be the election of trustees and auditors of 2024-2025.

Trustees



We are seeking new trustees to expand and strengthen our team, could this be you? We are looking to expand the board with a range of skill and experience, including (but not limited to): people with asthma, people who care for or work with people with asthma; human resources experience, accountancy experience and media experience. Please let us know if you would like to know more with what is involved.

Trustees are a legal requirement of a charity and we cannot without them. Our trustees currently attend evening meeting for approximately one and a half hours every four weeks. Trustees have overall control of the charity and are responsible for making sure it is doing what it was set up to do, and that the charity's resources are used responsibly.

If you would like to stand for election or would like to nominate someone else (with their consent) please give details on the reply form or contact us via telephone, email or via the website (link below). Anyone wishing to stand for election has to be proposed and seconded by two different people.

Reply form

Please complete and return the reply form to Medway Asthma Self Help, 131 Watling Street, Gillingham, ME7 2YY by Friday 30th January 2026. Alternatively you can email your reply to admin@medwayasthmaselfhelp.co.uk, telephone 01634 855844 or visit our website <http://www.medwayasthmaselfhelp.co.uk/agm>

Best Wishes

Martin Farebrother
Chair of Trustees at Medway Asthma Self Help